



Yoga + Meditation

Join Paola di Paolo from Four Directions Yoga Studio
for a 6-week program
suitable for all ages and abilities.
Please bring your own exercise mat.

Thursdays, 6:30-7:30_{pm}
Starts April 15

\$60 (cash only)

Advance payment and registration required

Georgina Public Libraries **Peter Gzowski Branch**
5279 Black River Rd Sutton
(905) 722-5702 www.georgina-library.com